

July-Aug 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16	17	18	19	20	21
		7-8: Parent Discussion				10-2: Family Workshop
22	23	24	25	26	27	28
	10-11: Mindfulness 11-12: Workshop 12-1: Lunch Break 1-2: Discussion Group 2-3: Workshop	7-8: Parent Discussion	10-11: Yoga 11- 12: Workshop 12- 1: Lunch Break 1-2: Mindfulness 2-3: Workshop		10-11: Yoga 11- 12: Workshop 12- 1: Lunch Break 1-2: Discussion Group 2-3: Workshop	
29	30	31	1	2	3	4
	10-11: Mindfulness 11-12: Workshop 12-1: Lunch Break 1-2: Discussion Group 2-3: Workshop	7-8: Parent Discussion	10-11: Yoga 11- 12: Workshop 12- 1: Lunch Break 1-2: Mindfulness 2-3: Workshop		10-11: Yoga 11- 12: Workshop 12- 1: Lunch Break 1-2: Discussion Group 2-3: Workshop 3-4: Wrap-Up	